



Lunch and Dinner at Paul's

"The only time to eat diet food is while waiting for the steak to cook."

Julia Child

Appetizers...

Deep Fried Prawns \$7.50

Butterflied Prawns with cocktail sauce

Dry Ribs \$6.25

Tossed with lemon pepper

Pound of Wings \$8.50

Choice of: Hot, BBQ, Honey Garlic

Chicken Strips \$8.00

with Honey Mustard, BBQ or Plum sauce

Soups and Salads...

Daily Soup Cup \$4.25

Bowl \$5.25

1/2 Sandwich and Soup \$7.75

Today's Soup and Today's Sandwich

Sandwiches & Wraps...

Sandwiches are served with either fries, salad, potato salad or a cup of soup

B.L.T. \$8.75

Bacon, Lettuce, Tomato

B.L.A.S.T. \$9.75

Bacon, Lettuce, Avocado, Shrimp, Tomato

Paul's Clubhouse \$10.50

Fresh roast turkey, bacon, lettuce, tomato

Breakfast Served all Day!

Spring Rolls \$6.75



6 Spring rolls with sweet chili sauce

Fiesta Sticks \$9.50

Chicken, salsa and cheese in a flour tortilla deep fried and served with salsa



The Mixed Basket \$7.25

Fries, Yam Fries and Onion Rings with Chipotle Mayo or Parmesan Garlic Mayo

Flat Top Pizza \$8.50

Canadian - Bacon, peppers, onion, cheese

Hawaiian - Ham, pineapple, cheese



Mexican - Refried beans, black olives, banana peppers, cheese

Basket of Fries \$5.00



Basket of Yam Fries \$6.25

Basket of Onion Rings \$5.75

Poutine \$8.50



Caesar Salad Appetizer \$5.50

Entrée \$8.00

Add Chicken Breast/Bay Shrimp \$5.50

Salad Nicoise \$11.25

Mixed greens, green beans, potato, olives,

hard boiled egg, tomato and seared tuna

with a pomegranate vinaigrette

Dash's Donair \$11.00

Homemade Donair, Tzatziki, lettuce, tomato

Chicken Caesar Wrap \$9.25

Grilled Chicken, Crisp Romaine, Caesar Dressing

Thai Chicken Wrap \$10.25


Chicken, cucumber, carrots, cilantro, red onion

Sweet Thai Chili sauce

Hot Sandwiches and Burgers...

- Open Face Hot Turkey** **\$9.75**
with home made gravy and cranberry sauce
- Classic Reuben** **\$9.75**
Beef brisket, Swiss cheese, sauerkraut, mustard
- Roast Beef Dip** **\$10.25**
No description needed
- Mushroom Meatloaf Sandwich** **\$10.75**
Juicy homemade meatloaf, lettuce, tomato, mayo on a ciabatta bun
- Grilled Cheese** **\$7.50**
Choice of Swiss or Cheddar
Add ham or tomato **\$2.00**
- Open Faced Denver** **\$9.50**
Egg, ham, peppers, onions and celery served open face on toast
- Steak Sandwich** **\$11.25**
5oz AAA sirloin cooked to your liking
Served on garlic toast, with sautéed onions and mushrooms

Entrees...

- Spaghetti (Veg option)**  **\$10.25**
Choice of meat or tomato sauce. Served with garlic toast and a green salad

The following entrees include potato, vegetable and garlic toast

- Baby Beef Liver** **\$10.25**
Topped with our gravy and caramelized onions. Add bacon **\$1.50**

Breakfast Served all Day!



- Paul's Deluxe Burger** **\$10.25**
Homemade 5oz patty with bacon & cheddar
- Classic Diner Burger** **\$8.75**
Homemade 5oz patty and that's it!
- Peninsula Burger** **\$11.25**
Homemade 5oz patty with Goat cheese and onion marmalade
- Country Chicken Burger** **\$10.25**
Grilled chicken breast, avocado, bacon, tomato, red onion and Jack cheese
- Phatso Burger** **\$12.50**
5 oz patty, fried egg, bacon, cheddar or Swiss, onion, lettuce, tomato, pickle and an onion ring
-  **Falafel Burger** **\$10.25**
Homemade falafel patty with lettuce, tomato and fresh tzatziki
- Add Bacon, Cheese, Mushrooms, Onions** **\$1.50**

"Ask not, what your country can do for you.
Ask, What's for lunch?"
Orson Welles

- Turkey Pot Pie** **\$10.75**
Unchanged since 1938! Carrots, celery, onions mushrooms peas and peppers in a creamy sauce.
- Turkey Dinner** **\$10.50**
Don't wait for a holiday! Fresh roast turkey with all the trimmings

Entrees continued...

Chop Chop \$10.50

Salisbury steak with caramelized onions

Add Bacon \$2.00

Add Mushrooms \$2.25

Bangers and Mash \$10.25

English onion and sage sausages
with garlic mashed potatoes

Paul's Sides...

Home made gravy. Beef / Country \$1.50

Coleslaw \$2.75

Potato Salad \$3.00

Extra Sauce \$1.00

Mayo, Chipotle mayo, Garlic Parmesan mayo,

Tartar, BBQ, Plum, Sweet Chili,

Salad dressing

Dessert...

Paul's Famous Cheesecake \$6.00

With Strawberries add \$1.25

Boston Cream Pie \$5.75

Made right here! From scratch

Fresh Baked Fruit Pies \$4.25

Apple, Cherry, Blueberry

A la mode \$1.25

Feature Pie \$4.50

Ask your server

Fresh Fruit Crumble \$5.75

A la mode \$1.25

Grilled Cinnamon Bun \$4.25

Fish and Chips 1 pc \$9.50 2 pc \$11.25

Battered cod with house cut fries served
with coleslaw and tartar sauce

Mushroom Meatloaf \$10.75

Homemade meatloaf with gravy and onions

Add Bacon \$2.00

Add Mushrooms \$2.25



Beverages...

Coffee or Tea \$2.25

regular or decaf

Herbal Tea \$2.25

Hot Chocolate \$2.50

2% Milk \$2.75

Chocolate Milk \$3.25

Juice Large \$4.25

Orange, Apple Small \$3.00

Grapefruit, Cranberry, Tomato

Pop \$3.00

From the Fountain...

Ice Cream \$3.50

Chocolate, Strawberry, Vanilla

Sundaes \$4.25

Chocolate, Caramel or Strawberry

Ice Cream Float \$4.25

Milk Shake \$4.25

Chocolate, Strawberry, Vanilla